



PARADIGM WELLNESS



IADMS enhances the health, well-being, training, and performance of dancers by cultivating educational, medical, and scientific excellence.

FOR IMMEDIATE RELEASE:

17 June 2011

Dance medicine and science conference to be held in Singapore in 2012 – first time in Asia

Title: IADMS 22nd Annual Meeting
Date: 25-28 October 2012
Venue: Suntec Convention Centre, Singapore

The International Association for Dance Medicine and Science (IADMS) will be holding its 22nd Annual Meeting in Singapore next year. This marks the first time that this conference will be held in Asia, and represents a milestone in the development of the performing arts scene in Singapore.

IADMS is an association formed in 1990 by an international group of dance educators, physicians and allied health professionals who treat dancers, dance scientists, and dancers. The IADMS membership base currently represents 35 countries.

The Annual Meeting provides an interesting mixture of medical symposia on issues affecting dancers, dance and pedagogical research, movement sessions by somatic practitioners and dance instructors, as well as many opportunities for both formal and informal dialogue on various issues affecting dancers and the profession of dance.

While the Singapore government is now placing far greater emphasis on the development of the arts and culture, dance in Singapore is still at a very early stage of development. While other countries in the region may have established traditions of dance, the area of “Dance Medicine and Science” is definitely new and in its infancy in Asia as a whole. With the current growth in the arts in this region, the time is ripe for bringing dance wellness to the forefront and raising awareness of this field. As a “young” dance culture, it will be possible to develop the area of dance wellness in Asia from the perspective of prevention, rather than rehabilitation.

This activity is jointly sponsored by the University of California San Francisco School of Medicine (UCSF) and IADMS in collaboration with Paradigm Wellness Pte Ltd, a company offering programmes and events in wellness, with a focus on movement methods. Paradigm Wellness believes that the arts, particularly dance, need time to grow and develop, and that all practitioners should be nurtured and cared for during this process.

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Paradigm Wellness seeks active engagement with and participation from the various dance groups, as well as faculty and students within the dance departments of all the performing arts schools in Singapore and the region. The purpose of bringing this event to Asia is to raise awareness of dance wellness through the disciplines of dance medicine and science to benefit the performing arts industry as a whole.

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Attachment: "About IADMS"

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